

HEATS, HORNS, AND FLAGS - 101

Check in 15 min before your heat. Each heat is fifteen minutes long. Surfers should check-in with the beach captain and get their jersey 15 minutes before their heat starts.

Beginning & End of Heat: A single horn blast with **green flag** signals the beginning and end of a heat. After a surfer's heat ends, they must not stand up on a wave (belly ride in) and should report back to the beach captain to return their jersey.



5 Minute Warning: A double horn blast with **red flag** signals the 5 minute warning to the end of the heat and the paddle out period for the next heat.

