

## 6 Things to Pack to Be An Ocean Friendly Visitor

Surfrider Kauai's Ocean Friendly Visitors Program was designed to help visitors enjoy this special island while also protecting its beautiful beaches, blue ocean, unique marine life and fragile coral reefs. Here are 6 Things to Pack to help you be an Ocean Friendly Visitor!

— *мālama* — HAWAIʻI





"Malama i ke kai, a malama ke kai ia 'oe" (care for the ocean and the ocean will care for you)

## **1. REUSABLE WATER BOTTLES:**

Kauai water is great – no need to buy cases of plastic bottled water!
2. REEF-SAFE SUNSCREEN: Sunscreens containing oxybenzone and octinoxate damage our fragile reefs.
3. BINOCULARS: View seals and turtles from afar so they can get the important rest they need

while on the beach.
4. OLD CLOTH GROCERY BAGS & GARDEN GLOVES: Pick a day to do a solo/family beach cleanup during your stay. Help us continue to remove up to 5,000 lbs. of marine debris from Kauai beaches every month! Send your family cleanup pics to campaigns@kauai.surfrider.org
5. REUSABLE TRAVEL UTENSILS: Just say no to plastic takeout utensils and straws!
6. SOFT-SIDED COOLERS: They make great carry-ons and eliminate buying throw-away styrofoam coolers!